External condom catheters are often used on male patients who are not able to hold their urine. There is no tube placed in the penis; instead a condom-like catheter is placed over the penis with a tube that leads to a drainage bag.

Application of the condom catheter:

- Clean hands with soap and water and apply clean gloves.
- Clean the penis with soap and water and dry thoroughly.
- Do not use lotions, creams, or ointments on the penis before applying catheter.
- If patient is uncircumcised, leave the foreskin in the natural position.
- Clip hair at the base of the penis as necessary. Do not shave this area.
- Grasp penis along shaft, hold condom catheter at tip of penis and smoothly roll condom onto penis, allow 1-2 inches between tip of penis and condom catheter to keep the condom catheter from irritating the tip of the penis.
- After applying the external catheter gently squeeze along the shaft of the penis to secure adhesive for 10-15 seconds.
- Connect drainage tube with the bag attached, to the end of the condom catheter.
- Clean hands with soap and water.
- Do not position drainage bag above patient, hang drainage bag on the side of the bed lower than the patient.
- Change condom catheter every 24 hours.

Questions or concerns?  
Call a hospice nurse at 513-891-7700.
Removal of the condom catheter:

- Clean hands with soap and water and apply clean gloves.
- Apply a warm, wet washcloth over the catheter for 30 seconds to help weaken the adhesive for easier removal.
- Gently ease the silicone material away from the base of the penis shaft before unrolling the catheter off the penis.
- Remove the tube and drainage bag from the old condom catheter and clean the tip of the tubing with an alcohol wipe before attaching it to the new condom catheter.
- Clean hands with soap and water.

Questions or concerns? Call a hospice nurse at 513-891-7700.