

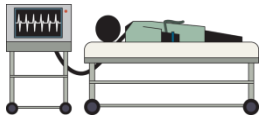


What is Advance Care Planning?

- A series of conversations to discuss and understand wishes for end-of-life care
 - A way to document your medical wishes so those you love know what matters most to you
 - A guide for doctors and your care team to follow if you become too sick to make decisions for yourself
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What are Advance Directives?

Gives instructions about future care if you are unable to participate in medical decisions due to serious illness or incapacity. Types of advance directives include **Living Will and Medical Power of Attorney**. They are not financial forms.



Living Will— A type of advance directive in which *you write down your wishes* about the kind of medical treatment you want if you are unable to speak for yourself. *Living Will is not the same as a Last Will and Testament.*



Medical Power of Attorney— *Names someone else to make decisions about your medical care* if you cannot speak for yourself. Must be 18 or older, may be a family member or friend, should be someone you trust. The person named may be called a 'surrogate' or a 'proxy'.

- The Living Will and the Medical Power of Attorney can be signed by two witnesses, who are not blood related to you, or by a notary public.
- There is no cost to obtain or complete the forms.