



Respite Care

We take good care of you, so your caregivers can take good care of themselves.

What is Respite Care?

Hospice of Cincinnati (HOC) supports not only the patient, but the family as a whole. Being a caregiver is sometimes difficult. It can be physically demanding and emotionally exhausting. Because caring for you cannot happen without your caregiver, we provide an occasional pause—in the form of respite. If your usual caregiver (most likely a family member) needs a break, you can stay for up to 5 days in our inpatient care center. Think of it as a ‘hospice hotel’—someplace you stay while your caregiver takes care of themselves. Your caregiver may have a wedding out of town, a preplanned trip, need medical attention or just need some time to rest.

Where is Respite Care provided?

At HOC, respite care is provided in one of our five inpatient care centers around the city: Anderson; Blue Ash; College Hill; Hamilton, OH and The Christ Hospital. HOC has 92 inpatient beds across 5 centers. If the center near you is full, we may ask you to spend your 5 days at another center. You would also have the option to delay your stay until a bed becomes available near you.

We make all the arrangements for you, including special transportation, if needed. Respite care is usually pre-planned, but if needed, it can be scheduled the same day or next day.

Questions or concerns?

Call a hospice nurse at 513-891-7700. For caregiving tips visit www.HospiceofCincinnati.org/for-the-caregiver.



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What can you expect in Respite Care?

Staffed by specially trained hospice Registered Nurses and State Tested Nursing Assistants (STNAs), round-the-clock care is provided. Visiting hours are 24/7 with no limit to the number of visitors. We want you to feel at home, and we want to get to know you and your preferences. We'll ask you or your family to complete a form so that we know what you want to be called, if there are any medication instructions, how well you get around, how well you sleep and what you like to do all day.

The inpatient care center is a homelike setting, and all rooms are private with a private bath. Our patients love our beds! Each state-of-the-art hospital bed has a special pull-up-in-bed system called Hercules. This device pulls the sheet you are laying on gently towards the head of the bed so that you are positioned easily and comfortably. Our nurses and STNAs check on every patient every hour to ensure your safety and well-being. Our food is good, our volunteers are helpful and kind, and our team members love what they do. It's a bright, pleasant atmosphere where you are welcomed as our guest and your comfort is our only goal. We hope you enjoy your stay and we'd like you to come back.

Who pays for Respite Care?

Respite care is a level of care available through the Medicare and Medicaid Hospice benefit. There is no charge for respite care. You can use respite up to 5 days per stay and there is no limit to the number of stays.

Room and board are not covered under Medicare if you stay beyond 5 days. On day 6, the room and board charges are \$400.00 per day.

Private Insurance Note: For those with private insurance, our billing office will explore coverage for respite and the costs associated with this level of care. Not all insurances cover this offering and there may be co-pays. This is especially true when the patient is on hospice at the beginning of a new coverage year. Private insurance may not cover room and board costs after 5 days.

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