



## **GRIEF SUPPORT GROUPS**

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Grief support groups will be held in person at the Hospice of Cincinnati Administrative Building – 4360 Cooper Road, Cincinnati, OH 45245 in the Fernside Conference Room. \*Masks and social distancing will be required.

### **Child Loss Support Group:**

A 6-week support group for adults grieving the loss of a child will be held on Wednesdays, January 19 – February 23 from 12pm-1pm. **Please contact Donna McCartney 513-246-9358 or email [Donna\\_McCartney@trihealth.com](mailto:Donna_McCartney@trihealth.com) for information and to register.**

### **Partner/Spousal Loss Support Group:**

This 6-week support group is designed for those who are grieving the loss of a spouse/partner. The group will meet on Wednesdays, January 19 – February 23 from 4pm-5pm. **Registration is required. Hailey Riegler 513-246-9355 or email [Hailey\\_Riegler@trihealth.com](mailto:Hailey_Riegler@trihealth.com) for information and to register.**

### **Healing Together Support Group:**

A 6-week support group for adults grieving the loss of a loved one will be held on Thursdays, January 20 – February 24 from 12pm-1pm. **Please contact Donna McCartney 513-246-9358 or email [Donna\\_McCartney@trihealth.com](mailto:Donna_McCartney@trihealth.com) for information and to register.**

### **Parent Loss Support Group:**

A 6-week support group for adults grieving the loss of a parent will be held on Thursdays, January 20 – February 24 from 5pm-6pm. **Registration is required. Please contact Monnie Caine 513-246-9152 or email [Margaret\\_Caine@trihealth.com](mailto:Margaret_Caine@trihealth.com) for information and to register.**

## **SPECIAL EVENTS**

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### **Mindfulness and Grief**

A special workshop exploring how practicing mindfulness can provide comfort and growth on your grief journey.

***Date: Tuesday, February 8, 2022 from 5:00pm-6:00pm***

**Location:** Hospice of Cincinnati Administrative Building – 4360 Cooper Road, Cincinnati, OH 45245 in the First Floor Classroom. \*Masks and social distancing will be required.

**Registration is required. 513-246-9208 or [BereavementReferral@trihealth.com](mailto:BereavementReferral@trihealth.com)**

*Groups may be postponed or re-scheduled due to low attendance.*

*Questions? Please don't hesitate to reach out!*

*513-246-9208 or [BereavementReferral@trihealth.com](mailto:BereavementReferral@trihealth.com)*