

GRIEF EXPRESSIONS

HEALING THROUGH WRITING

A free writing experience for those who are moving through loss.

Sponsored in Memory of Jane Herzner

Are you a caregiver grieving the death or ongoing loss of a loved one?

In this workshop, we will use writing as a tool to honor and explore these losses, large and small. Grief Expressions allows us to open the space to find what we need in caring for ourselves and our loved ones, and to make room for what comes next in our lives.

The Goldstein Family Grief Center invites you to participate in this nurturing and inspiring writing session to help tell your story on the page. This is an opportunity to use writing to reflect on your grief journey and to share as much or as little as you choose in a supportive and safe circle (with other participants who are also grieving.)

No previous writing experience is necessary.

Each 3-hour workshop will feature inspiring poetry and prose, reflective writing prompts and the opportunity to share stories with other participants.

EVENT INFORMATION:

Saturday, March 12, 2022

9:00am - 12:00pm

or

Saturday, May 14, 2022

9:00am - 12:00pm

Hospice of Cincinnati
Administrative Building
4360 Cooper Road
Cincinnati, OH 45242

REGISTRATION:

Registration is required – space is limited.

Register at
bereavementreferral@trihealth.com
or call 513-246-9208

OUR GUIDES FOR THIS WRITING EXPERIENCE:

Pauletta Hansel

The 2022 Writer-in-Residence for the Cincinnati & Hamilton County Public Library, is a poet, memoirist, teacher and editor. She is author of nine books, including the Weatherford Award winning, *Palindrome*, chronicling her caregiving journey with her mother. Pauletta previously served as Cincinnati's first Poet Laureate.

www.paulettahansel.wordpress.com

Annette Januzzi Wick

Writer, teacher, community connector. Annette is the author of two memoirs on caregiving and loss: *I'll Be in the Car* and *I'll Have Some of Yours*, an exploration of caregiving and cookies. She speaks and writes frequently on the issues of aging, memory, and loss, and teaches writing as outreach in various community settings.

www.annettejanuzziwick.com



**GOLDSTEIN FAMILY
GRIEF CENTER**

PROMOTING HEALING FOR LIFE AFTER LOSS

FACEMASKS AND SOCIAL DISTANCING REQUIRED FOR THIS EVENT