



What you should know about External Condom Catheter

External condom catheters are often used on male patients who are not able to hold their urine. There is no tube placed in the penis; instead a condom-like catheter is placed over the penis with a tube that leads to a drainage bag.

Note: The condom catheter must be changed every 24 hours.

Application of the condom catheter:

- Clean hands with soap and water and apply clean gloves.
- Clean the penis with soap and water and dry thoroughly.
- Do not use lotions, creams, or ointments on the penis before applying catheter.
- If patient is uncircumcised, leave the foreskin in the natural position.
- Clip hair at the base of the penis as necessary. Do not shave this area.
- Grasp penis along shaft, hold condom catheter at tip of penis and smoothly roll condom onto penis, allow 1-2 inches between tip of penis and condom catheter to keep the condom catheter from irritating the tip of the penis.
- After applying the external catheter gently squeeze along the shaft of the penis to secure adhesive for 10-15 seconds.
- Connect drainage tube with the bag attached, to the end of the condom catheter.
- Clean hands with soap and water.
- Do not position drainage bag above patient, hang drainage bag on the side of the bed lower than the patient.
- Change condom catheter every 24 hours.

Questions or concerns?

Call a hospice nurse at 513-891-7700.

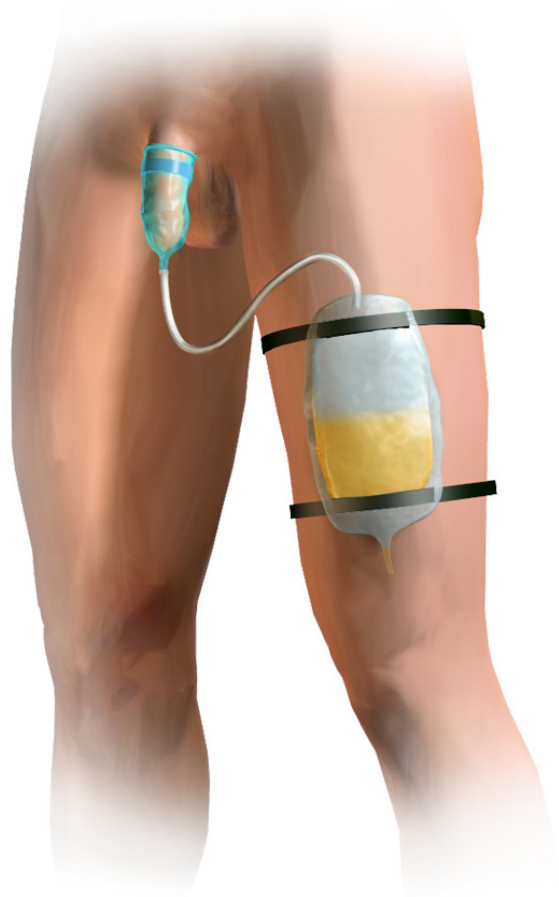


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Removal of the condom catheter:

- Clean hands with soap and water and apply clean gloves.
- Apply a warm, wet washcloth over the catheter for 30 seconds to help weaken the adhesive for easier removal.
- Gently ease the silicone material away from the base of the penis shaft before unrolling the catheter off the penis.
- Remove the tube and drainage bag from the old condom catheter and clean the tip of the tubing with an alcohol wipe before attaching it to the new condom catheter.
- Clean hands with soap and water.



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Training: External Condom Catheter. ©2020 Hospice of Cincinnati

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