



## **VIRTUAL SUPPORT GROUPS**

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While we are not able to gather together in the same physical space during this time, we can still join with one another virtually as we navigate our grief during a unique time. **Please note that all support groups are being held using the Zoom application.**

### **Loss of a Loved One Due to Covid-19:**

A new 6-week support group is being offered specifically for those who have lost a loved one to Covid-19. This group will be held on Tuesdays, beginning April 13, from 4:00pm-5:00pm.

**Registration is required. Please contact Donna McCartney 513-246-9358 or Donna\_McCartney@trihealth.com for information and to register.**

### **Young Adult Grief Group**

A 6-week support group for grieving young adults (ages 19-27years old) will be held on Tuesdays, April 6-May 12, 2021 from 5:00pm-6:00pm.

**Registration is required. Please contact Hailey Riegler 513-246-9355 or Hailey\_Riegler@trihealth.com for information and to register.**

### **Parent Loss Support Group:**

A 6-week support group for adults grieving the loss of a parent will be held on Thursdays, April 8 – May 14, 2021 from 5:00-6:00p.

**Registration is required. Please contact Monnie Caine 513-246-9152 or Monnie\_Caine@trihealth.com for information and to register.**

### **Healing Together Support Group**

A 6-week support group for adults grieving the loss of a loved one will be held on Wednesdays April 14-May 19, 2021 from 12:00-1:00p.

**Registration is required. Please contact Marjorie Rentz 513-246-9357 or Marjorie\_Rentz@trihealth.com for information and to register.**

## **SPECIAL EVENTS**

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### **Mindfulness and Grief**

**Wednesday April 28, 2021 from 5pm-6:15pm via Zoom**

A special Zoom workshop exploring how practicing mindfulness can provide comfort and growth on your grief journey.

Registration is required. Please call 513-246-9208 or **BereavementReferral@trihealth.com**

**Please call the number listed for group registration. Groups may be postponed or re-scheduled due to low attendance.**