

# Respecting Choices Advanced Steps® Advance Care Planning Facilitator Training

This evidenced based curriculum, taught by Respecting Choices-Certified Facilitator Instructors, is designed to assist participants learn the skills needed to facilitate advance care planning conversations with individuals who are in their last few years of life. The Respecting Choices Advanced Steps ACP program aligns with the POLST form or medical orders that are consistent with individual goals, values, and preferences.



This training includes 5 online modules (pre-work) and an 8 hour in-class session. 8 CEUs are provided by Respecting Choices® for the online portion of the training.



### Target Audience

Healthcare professionals including: nurses, social workers, chaplains, physicians, and advanced practice providers.



### Certification Requirements (2-parts)

- 1) Completion of Online Modules (4-6 hours to complete, self-paced, 8 CEUs for nurses and social workers)
- 2) Completion of the Advanced Steps ACP Facilitator Certification classroom training (1 day in-person)



### Training Dates:

April 10, 2024	July 11, 2024	October 9, 2024
May 8, 2024	August 8, 2024	November 6, 2024
June 13, 2024	September 19, 2024	December 4, 2024

Cost: \$130/person

If interested, please scan the QR code to get started!



## What's Covered in the Course?

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The Advanced Steps ACP (Advance Care Planning) Certified Facilitator is a healthcare role with the goal of helping individuals, their families, and caregivers be engaged in person-centered decision making. Various healthcare professionals can become ACP Facilitators, including nurses, social workers, chaplains, physicians, advanced practice providers, and other care providers. ACP Facilitators are trained to have conversations with individuals “to know and honor an individual’s informed healthcare decisions” (Respecting Choices).

This course is offered with online initial certification requirements and a one-day in-person training. The online pre-course requirements include five learning modules offered through Respecting Choices with an estimated completion time of 4-6 hours to lay the foundation for understanding person-centered conversations. The in-person training includes learning how to create a foundation for aligning healthcare decisions with what matters most to patients and the Advanced Steps education designed for people who are in the last few years of life. Time for lunch is included during the day.

“Advance care planning for individuals with serious life-limiting illness is complex and challenging. Advanced Steps ACP incorporates the National POLST into this stage of planning. Achieving desired outcomes of National POLST and goal concordant care requires a systematic approach to integration strategies and shared decision-making conversations. Goals of care conversations in this stage of planning are focused on timely, proactive, and specific treatment discussions that result in a POLST form (or medical orders) that align with individual goals, values and preferences which can be followed throughout the continuum of care” (Respecting Choices).

The online pre-course modules have the opportunity for 8.0 CE credits for nurses and social workers. Certification is achieved through the building of skills, review of core concepts to ACP, discussions, and role-play exercises.