

The Goldstein Family
Hospice of Cincinnati and Fernside
Grief Center



2017 Grief Event Series

Taking Care of Yourself

Massage and Reflexology

Thursday February 9th from 5:30 – 7pm

Large Classroom, Goldstein Family Grief Center

Guided Imagery & Healing Touch

Thursday May 11th from 5:30-7pm

Large Classroom, Goldstein Family Grief Center

Laughter Yoga

Thursday August 10th from 5:30 – 7pm

Large Classroom, Goldstein Family Grief Center

Coping with the Holidays

Tips to get through the holidays

Thursday November 9th from 5:30 – 7pm

Large Classroom, Goldstein Family Grief Center

Light refreshments will be provided.

For more information or to register please contact:

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